



**News Release**  
FOR IMMEDIATE RELEASE  
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Contact: Chuck Dalldorf  
Public Information Officer  
(916) 248-3819  
chuckdalldorf@gmail.com

### **Team Effort Leads to Successful CPR Emergency Effort**

On Thursday afternoon, August 13, 2020, San Juan Island Fire and Rescue and San Juan Island EMS responded to a 911 emergency call reporting an unconscious person who was not breathing at the Roche Harbor Marina.

Several bystanders at the scene immediately went to the individual needing help and began Cardio Pulmonary Resuscitation. At the same time, a citizen immediately called 911 and maintained communication between the 911 center and the citizen responders.

Roche Harbor employees located one of the marina's AED's (Automated External Defibrillator) and quickly attached the device to the patient. The defibrillator analyzed the patient and delivered multiple shocks, which restored the patient's heartbeat and breathing. The patient regained consciousness as the first responding emergency units from SJIF&R and San Juan Island EMS arrived and further stabilized the patient for transport.

The patient remained conscious and was immediately moved to the Roche Harbor airfield, where an arriving Airlift Northwest helicopter and crew airlifted the patient to a regional hospital.

"We are grateful for the fast action taken by citizens and also the staff of the Roche Harbor Resort. Their quick action, coupled with the presence of an AED and excellent communication with San Juan Islands 911 center made this rescue possible," said SJIF&R Chef Norvin Collins. He added, "The comprehensive response by citizens, Roche Harbor staff, SJIF&R, SJI EMS and Airlift Northwest was professionally executed."

In an emergency, immediately calling 911 and remaining on the line until emergency responders arrive is also a critical step in saving someone's life. CPR training and knowledge as well as having access to AED's continue to prove critical lifesaving tools. While COVID-19 has stopped CPR classes, when it is safe to resume, please consider taking a class and learning how to use an AED. Thank you to the great response by our citizens.

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*The San Juan Island Fire & Rescue was established on October 6, 1958. The fire department covers about 55 square miles, includes all of San Juan Island, as well as Brown and Pearl Islands. For more information, please visit <http://www.sjifire.org/>*